



The Baronial Shaft

FEBRUARY 2002

AS XXXVI

The Official Newsletter of the Barony of al-Barran



**A Day of Arts and Sciences!
March 2, AS XXXVI**

The Barony of al-Barran

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Lady Fermina
Caballo

Baron's Champion

Sir Cathyn

Bearer of the Baroness's Favor

Sam the Panhandler of Clan Tynker

Baronial Guard

Captain: Lord Heyden
Lord Wulfgar, Lord Brian, Tankred

Condotierri

Captain: Lord Michael
Lady Anne, Lord Rudgar, Lady Bronwen

Master Swordsman

Sir Cathyn

Premiere Blade

Lord Michael

Protector of the Baroness's Heart

Don Govanen

Lord of Outlandish

Sir Hakon

Lady of May

Lady Drienna

Outlandish Rogue

Lord Gareth

Knight Banneret

Duke Deaton

Flower of Chivalry

Lord Arslan

Rapier Flower of Chivalry

Lord Santiago

Champion Archer of

al-Barran

Don OEngus

al-Barran

H & S Champion

Lord Otteaux

Bard of

al-Barran

Lord Thomas of Gent

Ladies-in-Waiting

Lady Wilhelmina, Gurmlaith, Caroline, Jehanette

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Calendar of Events

FEBRUARY

3	SOUTHERN WAR PRACTICE** <i>St. Golias</i>
13-18	ESTRELLA WAR XVIII** <i>Kingdom of Atenveldt</i>

MARCH

2	A DAY OF ARTS AND SCIENCES**
9-10	CROWN TOURNAMENT <i>Drygestan</i>
23	KINGDOM HERALDS & SCRIBES SYMPOSIUM**

APRIL

13-14	KINGDOM ARTS AND SCIENCES
??	SWORDED AFFAIRE**

** Indicates attendance by Their Excellencies

From the Baron and Baroness

Greetings to the mighty populace of al-Barran from your Baron and Baroness, Sir Trevor and Lady Fermina.

After months of hard work and preparation, the time has finally come to follow our king and queen to war. The beating of the war drums stirs our hearts and the bloodlust begins to pulse through our veins. WAR!

We all shall reap the rewards of months of hard work both on and off the field. A light breakfast will be available each morning before the battles begin. The kingdom will generously provide lunch on the field. A dinner of meatballs, mushroom sauce, rice, and bread will be available Friday evening. Saturday evening, following Guido Court, the barony will be treated to our traditional green chile stew. We have rented tables and chairs for the baronial encampment so that we may dine together. If an army marches on it's stomach, al-Barran will be ready for the journey!

For those fighters who have fought and trained with the barony, the time-honored tradition of wearing a Guido or Cordon Scorpion may be yours. Please submit unto us a petition stating clearly that you request such honor. We will accept petitions up 'til the event. You must spell "Trevor," "Fermina," "al-Barran," "Guido," and "Cordon Scorpion" correctly. Petitions allow us to know how many Guidos and Cordons we will need. Please be as timely as possible in your submissions.

Countess Aindrea has generously volunteered to assist our barony in coordinating our war efforts. She has been actively assisting people in finding rides and room to haul supplies. She will be on site at noon on Wednesday and available to direct us in setting up our camps so that we may be as organized and comfortable as we are able. Countess Aindrea has worked closely with us and knows our wishes for the layout of the baronial encampment. Please heed her word and assist her to the best of your abilities. If you should need assistance yourself, please do not hesitate to call upon her. Countess Aindrea's contact information can be found later in the Shaft.

Once we have returned, victorious, we will meet together to discuss our success and how we might improve upon it the following year. Please join us Saturday, March 2nd for A Day of Arts and Sciences and War Debriefing. The day's classes will be followed by an evening potluck and discussion. We hope you will join us and bring your wonderful suggestions.

There will not be a Citizen's Meeting this month. We will join again the third Tuesday in March at Hayes Middle School. Our January meeting was held there and we found the Media Room finely suited for conducting business.

Check your armour. Air out your tent. Update your green cards. Tune up your vehicles. Get out your wool tunics. Pack the sunscreen. And start drinking water now. Fermina has packing lists available for those who ask.

Travel safely and keep an eye out for each other on the road. We will see you there!

Trevor

Fermina

From the Knight Marshal



Greetings,

WAR!!! Now is the time to focus all our energy on bringing victory to our Barony and Kingdom. Don't forget the Southern War Practice that will be held in St. Goliass on Saturday the 2nd. I would like to encourage everyone to attend this last tune-up for war.

Make sure that all your armor is in good repair before you get to Estrella. We will still be conducting inspections at practices. We will try to let you know then what needs to be repaired, but don't just rely on us. Inspect your armor carefully for breakage. If you need a green card, or additional authorizations please see me at practices. If you are a non-combatant interested in becoming authorized as a marshal please contact me as soon as possible. In years past our Barony has provided a number of non-combatant marshals at War, and I would like to thank these individuals for their commitment to service. Without them we as fighters would be called upon to marshal instead of fight.

Lastly, I would just like to wish everyone safe travels, and hope to see you on the field right next to the black and gold scorpion of al-Barran.

Sincerely,

Lord James David



From the Hospitaller

Greetings,

I hope this message finds you recovering well from the holidays.

First I would just like to thank everyone who helped me set-up and take down the hall at Midwinter. Especially those good gentles who climbed up and down the latter to hang banners and windows. We had several newcomers attend and when they left our company they stated they could not wait to return and revel with us again.

Secondly, I would like to thank the populace for their generosity. Our collection of loaner garb is quite hearty. Still if you are cleaning out your closets and find things that no longer fit you or your persona please keep us in mind for we will be grateful for any additions. Contact Lady Isabella at 889-3569. Along those lines we are also collecting feast gear to loan out so that newcomers may dine with us in our feast season. Contact Caroline at 315-1176 if you would like to donate.

Now onto WAR!!!! As you prepare to head out to Estrella here are a few tips to remember. Pack an extra blanket or two, extra socks and comfortable shoes. Never leave your heater running or on inside your tent or unattended. Drink lots of water on and off the field and take a first aid kit with pain reliever, cold tablets, antiseptic spray, and band aids are always in demand.

And last but not least remember it is not if you when or lose, we are going to have fun and to revel with friends, old and new.

In Service,

Bronwen Blackwell



From the Minister of the Arts & Science



Greetings Everyone!

Estrella War is fast approaching, this year's Estrella War A&S categories are:

Herbal Craft - defined as any herbal-based product excluding medicinals that is appropriate to the period of SCA interest.



Casting - defined as any item cast from an appropriate metal used during the period of SCA interest.

Leatherwork - defined as any item made primarily from leather that is appropriate to the period of SCA interest.

The competition shall be held on Saturday, February 16, 2002. Registration will be open from 9:00 am and conclude at 12:00 noon at the Arts and Sciences Pavilion.

If you are going to war and have an item you made, in one of these categories, you should enter it. Bring the best documentation you can come up with, and leave your name off, the competition is anonymous.

The next big Arts and Sciences happening in our Barony will be "A Day of Arts and Sciences", a full-day collegium-style event. We have an awesome selection of classes lined up! Please see the event announcement in this edition of the Shaft.

Have a safe, fun war! (Bring extra blankets/friends to stay warm. Do not run a gas heater while you are sleeping!!!)

In service,

Lady Leonore of Black Diamond

From the Chronicler



Greetings,

Thank you, Lord Michael McQuillan for the Pony World cartoon that debuted last month, this new cartoon stars our own barony and its people.

The cover art for this month is a hand rubbing of the A&S device in honor of the 'A Day of Arts and Sciences' event on March 2 and is courtesy of Lady Leonore. Thank you, Lady Leonore.

I am still in great need of a deputy, so if you ever thought about working as an officer for our great barony, now is the time. I don't wish to frighten away people, even occasional help would be greatly appreciated.

In Service,

Kathus

When a Magyar Gets Really Angry



There was once a peasant. He had a vineyard. A ditch ran alongside his vineyard. There was a fox's den in the ditch. The fox mother had six cubs. The peasant went to his vineyard every day. One day he saw that great damage had been done by the foxes. He went to the ditch and swore terribly at the foxes. "I'll get you smoked out of here, you bastards."



The fox mother was not at home then.

When she came back, the cubs complained to her, "Oh Mother, oh Mother! Let's move out of this hole! The man was swearing at us something terrible. We are in great danger."



She said, "Was that all? Didn't he do anything else besides swear? If so, it doesn't mean that he's really angry with us."



Next day, the man went again to his vineyard. The damage was even greater than the previous day. He swore the same as before.

When he stopped at the ditch on the third day, he was just laughing up his sleeve."



When the fox mother came home, the cubs said, "Well, Mother, we needn't move out from this hole. The man has made it up with us. He didn't swear



When he stopped at the ditch on the third day, he was just laughing up his sleeve."



When the fox mother came home, the cubs said, "Well, Mother, we needn't move out from this hole. The man has made it up with us. He didn't swear at all. He was just laughing up his sleeve.



Then their mother said to them, "If the peasant was laughing up his sleeve, we'd better move out at once. You know what Magyars are like."



Because if a Magyar gets really angry he'll just start laughing.



FOLKTALES OF HUNGARY

Edited by Linda De'gh; Translated by Judit Hala'sz; the University of Chicago Press; LOCCN 64-19846; Second printing 1969.



Type 93, *The Master Taken Seriously*.
Narrator, Jo'zsef A'cs, aged 66, farmer of Gere'nyes, Baranya County. Collected by Istvan Bano'.

Southern War Practice

College of St Golias

February 3, AS XXXVI (2002)

Site opens: 10 AM, Site closes 6 PM

NM Tech, 801 Leroy Place, Socorro, NM 87801

Fees: \$1.00

Checks payable to SCA-al-Barran

Site is Dry

Site restrictions: no dogs, restrooms and showers available

Come join us for the Southern War Practice in St Golias. Practice with your comrades in arms from other parts of the kingdom for the honor and glory of the Outlands.

Directions to New Mexico Tech Athletic Field:

From the north: Take I-25 south to Exit 150. Turn right at the third traffic light. Turn left at the second stop sign. Go to the second stop sign (again) and turn right. Take the next immediate right into the SAC (Student Activity Center) parking lot, which is next to the Athletic Field.

From the south: Take I-25 north to either: A) Exit 150 and follow above instructions or; B) Take Exit 147 and head north to make a left turn at the fourth traffic light. Turn left at the second stop sign. Go to the second stop sign (again) and turn right. Take the next immediate right into the SAC (Student Activity Center) parking lot, which is next to the Athletic Field.

Contact for more Information: Torcail Gilleghaolain (Tony Perreault), 1003 Monte Vista, Socorro, NM 87801-5054. Phone: (505) 835-1632, E-mail: tperreau@nrao.edu

Estrella War!

Unto the glorious barony of al-Barran does Countess Aindrea Mac Cullaich send most happy and warlike greetings---

Your Baron and Baroness request your presence at the upcoming Estrella war.

The hospitality of Sir Trevor and Lady Fermina, with the generous assistance of their loyal subjects, know no bounds! To give comfort and ease your stay, Their Excellencies have made arrangements to feed their populace. Every morning, starting Friday, a light repast will be offered, consisting of muffins (provided by Lord Lazarus), hard-boiled eggs, fruit, coffee, juice and tea. Friday night, a hot meal of meatballs in mushroom sauce, rice and bread will warm your bellies and refresh your weary bodies. Saturday night will be the traditional Baronial Stew, with the Baroness's own green chile stew (a non-chile soup will also be available) and tortillas.

Our wonderful Bell will call us all out of our beds, to the muster point, to Guido court, and to dinner.

Provisions have been made to assure that everyone willing and able to attend war will go. Also, Lord Connor Graham has offered to help haul gear. Everything that he takes must be clearly labeled, efficiently packed, and at fighter practice park by noon on February 10th, the Sunday before war. If you know you will be availing yourself of Lord Connor's kindness, please give me a heads-up so we can plan accordingly.

With the gracious help of the College of Blaiddwyn, the barony is going to try to have a pavilion available in the battle pit for our stalwart warriors and live-giving water bearers to provide shade.

Back in camp, the baronial pavilion will be a gathering place where food and camaraderie will be shared. There will be a message board and a schedule of activities will be posted. Since our friends Drygestan and St. Goliath will be camped on either side of us, we could not hope for better neighbors with which to share our bread and mead.

If any of you need help getting yourself or your gear to war, I am at your service. If you have resources you can share, please do, and you will be rewarded.

al-Barran, answer the call of your Baron!

Yours Assured,

Countess Aindrea Mac Cullaich

WendyDodd@aol.com
299-2476

Outlands & al-Barran Happenings at WAR

Thursday, February 14

Break out the gold and the green - cause the Outlands has got it going on: morning, noon and night time too!

Times verified by TRM:

9 am list for the Outlands Prize Tourney Opens

10 am the Prize Tourney begins (Baroness Adina: adina@mail.cybermesa.com) at the Main Tourney Field

12:30 - Queens Tea - all Queens, Princesses, LOR and landed Baronesses are invited. (Duchess Eleanor: eleanor@theoutlands.org 970-412-6951) at the Main Tourney Field

8 pm The PINATA PARTY! (Duchess Eleanor: eleanor@theoutlands.org 970-412-6951)

Friday, February 15

al-Barran has a light breakfast together

Kingdom provides lunch on the field of battle

al-Barran dines together on a meal of meatballs, mushroom sauce, rice, and bread

Saturday, February 16

al-Barran has a light breakfast together

Kingdom provides lunch on the field of battle

al-Barran Guido & Cordon Scorpion Court around sunset

The ONE and ONLY al-Barran Baronial Beef Stew after Guido & Cordon Scorpion Court

NOTE: I may have missed some of the happenings at war for the Outlands and al-Barran, but I hope this gives everybody a good guess.—KR

Exeter Riddle No. 83 from

<http://www.technozen.com/exeter/index.htm>

My origin was age-old (I endured many winters);
I lived in towns after the keeper of fire
(unlocked the lives) of men encircled by flame,
purged by fire. Now the brother of earth,
my enemy, who from the first brought me
sorrow, imprisons me. I well remember
who drew me and my like from our first
abode; I can do him no evil
but at times I'm an instrument of bondage
the whole world over. I've many talents,
on middle-earth I've vast strength,
but I must conceal from all men
the secret source of my precious skill
and my extraction. Guess what I'm called.



A.S. XXXIII/2002 FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday
3 Fighter & Rapier Practice	4 Gammer Gurton's Needle Period Acting	5 Blaiddwyn Project night	6 Blaiddwyn Fighter Practice	
10 Fighter & Rapier Practice Court Dance Practice	11 Gammer Gurton's Needle Period Acting	12 Blaiddwyn Project night	13 Blaiddwyn Fighter Practice Estrella War!	A&S Kno Excha Wor
17 Fighter & Rapier Practice Estrella War!	18 Gammer Gurton's Needle Period Acting Estrella War!	19	20 Blaiddwyn Fighter Practice	Estrella W
24 Fighter & Rapier Practice Court Dance Practice	25 Gammer Gurton's Needle Period Acting	26 Blaiddwyn Project night	27 Blaiddwyn Fighter Practice	H M A&S Kno Exchang Woi

Candied Rose Petals

1 cup rose petals, 1 cup sugar, 3/4 cup water, confectioners' sugar

Wash rose petals gently and dry on paper towels. Trim away the ends, because they are bitter. Combine sugar and water in a saucepan and boil until it is 234 degrees Fahrenheit on a candy thermometer. Pour syrup into a bowl on a bed of cracked ice. When syrup begins to crystallize, hold petals with

day	Friday	Saturday
	1	2 Archery Practice Southern WAR Practice
7	8	9
14 nowledge nges & kshops	15	16 Archery Practice
Dear!	Estrella War!	Estrella War!
21	22	23
28 eraldry Meeting		
nowledge ges and kshops		

Valentine's Day is named in memory of St. Valentine of Rome who died in 269 AD. Emperor Claudius II arrested Saint Valentine for helping Christian martyrs and possibly secretly marrying soldiers during a time when they were banned from being married. After refusing to give up the Christian faith he was beaten to death with clubs and beheaded by the Prefect of Rome on February 14th. In 469 A.D. Pope Gelasius set February 14th as a day to honor him. Saint Valentine also became the patron saint of lovers as the church assimilated the fertility festival Lupercalia into their calendar.

How the Rose Was Red: From Persia: Allah had chosen the white rose to be Queen of the Flowers. At night the nightingale flew toward the rose attracted by its fragrance. The thorns pierced him and his blood dyed the flower red.

Roman: Hearts were thought by the Romans to contain the soul. They are a symbol of love.

- Valentine's Flower Meaning**
Bleeding Heart: Hopeless but not heartless.
Gardenia: I love you in secret.
Gladiolus: You pierce my heart.
Sweet William: You are gallant and suave.
Lily of the Valley: Let us make up.
Rose: I love you passionately.
Violet: I return your love.
Bayleaf: Hope.

General Notes: Do not give white gladiolus on Valentine's Day. They are for funerals. White and yellow flowers are funeral flowers in some countries.

Most information here drawn from:
<http://www.geocities.com/Athens/Parthenon/1502/valen.html>

tweezers and dip in the syrup. Dry petals on waxed paper and dust with confectioner' sugar.

Joane Asala, *Celtic Folklore Cooking*, page 320, © 1998, ISBN: 1567180442

Estrella War Entertainment Press Release

Entertainment At The War

This year we have planned Entertainment to make your War Experience more enjoyable and memorable. The performers will perform at a stage area near the food court. Along with the planned performances below...look for surprises throughout the day.

Yours In Service

Lady Eden Blacksmith

Estrella War Entertainment Schedule

(Subject to change, without notice or provocation)

Thursday 2-14

Times: 3 pm to 9 pm (Midnight Maddness is on Thursday)

3:00 - 3:30	Mu' allimah (Mistress) Yasmeena bint al Ahlam
3:30 - 4:00	Draco Stormdancer
4:00 - 4:30	Tamlin & Wolfgang
4:30 - 5:00	Draco Stormdancer
5:00 - 5:30	Don Tarkash and Captain General Sionainn
5:30 - 6:00	Draco Stormdancer
6:00 - 7:30	Clan Tynker
7:45 - 9:00	Wolgemut

Friday 2-15

Times: 11:30 am to 3 pm And 5 pm to 7 pm

11:30 - 12:30	Wolgemut
1:00 - 1:30	Michael Kelly
1:30 - 2:30	Draco Stormdancer
2:30 - 3:00	Mu' allimah (Mistress) Yasmeena bint al Ahlam
5:00 - 5:15	Malcolm and Vyola
5:15 - 6:30	Clan Tynker
6:30 - 7:00	Wild Thyme...Celtic with a kick!

Saturday 2-16

Times: 11:30 am to 3 pm And 5 pm to 7 pm

11:30 - 12:30	Michael Kelly & Draco Stormdancer
12:30 - 1:00	Draco Stormdancer
1:00 - 1:30	Lady Ivory
1:30 - 2:00	Mu' allimah (Mistress) Yasmeena bint al Ahlam
2:30 - 3:00	Tamlin & Wolfgang
5:00 - 5:15	Malcolm and Vyola
5:30 - 6:30	Clan Tynker
6:30 - 7:00	Wolgemut

A Day of Arts and Sciences

Barony of al-Barran

Saturday, March 2nd, AS XXVI (2002)

St. Thomas of Canterbury Episcopal Church
425 University Blvd NE, Albuquerque, NM 87106

Site opens at 9 am; site closes at 9 pm

Classes begin at 10 am and go until 5:30 pm

Site Fee is \$5. Children under 12 are free.

Checks payable to SCA-al-Barran

The site is dry.

Come one, come all to the annual Arts and Sciences Collegium of the Barony of al-Barran. We will have a variety of classes from beginner to advanced, as well as an open display of arts and sciences. That evening we will have an Estrella War debriefing and a potluck feast and revel. There will be a sandwich buffet for the lunch break, and tea and cookies for the afternoon break.

Potluck feast info: Bring a dish to share (main dish, side dish/vegetable, salad, desert, or bread w/ topping) for 6-8 people, with a complete list of ingredients for allergy sufferers. The food need not be "period". In his class, Gospodin Vladimir is making an onion soup for the feast.

We still need a number of people for various important jobs such as potluck feast coordinator, midday-snack coordinator, set-up coordinator, clean-up coordinator and gate keepers/fee collectors. Volunteers will be able to attend most or all of the classes.

Please volunteer to help by calling Lady Leonore at 298-6525 or e-mailing me at stiefell@gte.net. Your participation will enrich our barony and make this event great!

Directions: St. Thomas of Canterbury Church is on the west side of University Blvd. between Central Ave. and Lomas Blvd. From University Blvd., turn left west on Ash St. and Park on the left. Parking: First use the lot in front of the church (first left when turning onto Ash from University). You may also park on the street (not blocking any driveways or no parking zones), "We also have official permission to park in the lot of the Baptist Student Union, 401 University Blvd. Turn west on Martin Luther King Jr. Dr., then first right. (It is just one Street south of the site.)

Autocrat: Lady Leonore of Black Diamond (Sonja Stiefel), 4204 Landau St. NE, Albuquerque, NM, 87111, (505) 298-6525, stiefell@gte.net



A Day of Arts and Sciences Preliminary Class Schedule

(More classes may be added between now and the event!)

Armor Making with Master Stefan of the Wanderers. The emphasis will be on the cop and armoring tools. My armor making class is open to 3 individuals on a first call, first attend basis. It is open to those that have NOT worked in my shop before. I can be contacted at 842-8412 or wander@thuntek.net The class will start at 8:30 AM and run until 2 PM. The class will be at my armor workshop and directions will be given when accepted to the workshop. Participants should wear work clothes, have ear protection and make sure that hair and clothes are tied back so they won't get caught during tool use. I do have gloves, eye, and dust masks for their use. There is NO FEE. Attendants will make a cop (elbow, shoulder or knee) for their own use.

Chainmail Making with Lord Thomas de Cherbourg. 2 hrs. Learn basic chainmail making. Bring 2 pairs of pliers.

Court Dancing with Lady Barbara. All day, no fee and no materials needed. Beginning and higher level English, French, and Italian court dances taught. Dances to be taught will be based on requests and amount of experience with court dancing.

Drumming for Dancers with Sir Creon the Artisan. 2 hrs, 3:30 to 5:30 pm, Beginning and intermediate Middle Eastern drumming. Bring a drum if possible. The second hour of the class will be with the bellydancers. No fee.

Bellydance to live Drums with Petra. 1 hr, 4:30-5:30 pm Learn tricks to dancing with live drummers. Bring a hip scarf. No fee.

Stenciling for a Period Look with the honorable Lady Tana a l'Esprit Fort. 2 hrs, We have documentation for painted fabrics in period and what a quick way to create a period look on cooler covers or tourney tablecloths. The first half of this class will consist of documentation of period painted fabrics and instruction in stenciling. In the second half of this class, you will get to try your hand at stenciling and make a small cloth or cover to keep. No fee.

East Indian Fighter Kite Construction and Flight with Lord Aehdon Aongas MacBheathain. 2 hrs. Build and decorate your own East Indian Fighter Kite. Learn a quick history, basic flying techniques and rules for combat. If weather permits we will fly them! Materials fee \$6.50.

Early Irish Garb with Banrigh-Tuatha Cailte Caitchairn, OL. 2 hrs. Want to do something really early, but can't find any pictures? Want to document the undocumentable? Just what the heck IS a leine? Come explore pre-1000 Irish/Celt garb, and find the answers to these and more questions. We will look at the effect of environment, resources, politics, trade routes and religion on the clothing of the early Irish. Along with construction, we will also discuss accessorization, decoration and ostentation. We will also discuss fact vs. fiction, and the "hooray for Hollywood" effect. The last 1/2 hour will be devoted to hands on *simple* embroidery embellishment for the leine or early period tunic. Materials provided. No fee.

Needle Weaving and/or Inkle Weaving with Lady Monika the Fair, 1hr. Beginners and all ages are welcome. I will tailor the class to whom ever shows up. Bring your inkle loom if you have one. There will be a \$2 fee if you wish to purchase a weaving needle.

Mongol and Russian Seamed Felt Hat Making with Lady Skameika Draikova. 2 hrs, Morning Class, We will felt flat wool fabric in class, you will receive a pattern to finish the hat of your choice at home. There will be a \$4.00 materials fee. Please bring a towel and lipped cookie sheet.

Celestial Navigation and Timekeeping with Lord Gonner the Pirate. 2 hrs. Period techniques for finding your way. Learn a lot and leave more confused than you came. Make your own Navigation Instrument. Small materials fee.

Basic Soups and Stocks with Gospodin Vladimir. 2 hrs. In addition to a discussion of soups and stocks, we will be making an onion soup for the feast that evening. No fee.

Marzipan Making with the honorable Lady Safia al-Sabia al-Zarqa, 2 hrs. Marzipan- its creation and use in the modern middle ages. The class will be divided into the making of the marzipan and the shaping of the marzipan in a heraldic manner. No fee. All ages welcome. Bring an apron if you wish.

Period Brewing with THL James David de Argentias. 1 hr. A discussion of period brewing and modern brewing techniques. Bring your favorite home brew recipes and ideas, and we will share them around. This will be discussion only, not actual brewing. No fee.

Introduction to Mead Making with Gauvain Eisenbein, Seneschal of the College of Blaiddwyn. 2 hrs. We will start with a discussion of mead styles and mead-making techniques and then proceed to making 5 gallons of plum melomel. No fee.

Blackwork Embroidery with Lady Dalia d'Auria

Card Weaving with Lady A'isha bint Asad Ud-Din

Carving with Lady Deidriu



Outlands Heraldry and Scribes Symposium



Barony of al-Barran

March 23, A.S. XXXVI (2002)

Hayes Middle School

1100 Texas NE, Albuquerque, NM

Directions will be provided in the March OH.

Site opens at 8 AM and closes when Lord Stjerne kicks us all out.

Site is very dry

There is no site fee.

Lunch will be provided courtesy of the Barony of al-Barran and will be prepared by THL Sabia.

Greetings to one and all! The time draws near again when the heralds and scribes of the kingdom of the Outlands gather together to share their knowledge and camaraderie. For those who are established, it is an excellent opportunity to improve your abilities. For those who are interested in acquiring these skills, there is no better time to learn.

The class schedule is not set in stone at this point. A full list of classes and the times and teachers is available on the web at <http://www.geocities.com/ohssymp/index.html>. This schedule is modified frequently as changes in teachers and what is being offered are made. My thanks to Lady Sorcha MacLeod and her Lord for creating and maintaining the website. A full list of classes will be published in next month's OH.

The lunch menu currently consists of cider and lemonade, boiled eggs, meat rolls, vegetable rolls (turnip and parsnip), cheese, veggie salad, marzipan in heraldic shapes, fine cake, and fruit. Potluck dishes, especially desserts, will be appreciated. The menu is subject to change at the whim of the cook.

Continued on page 18

Continued from page 17

Lady Kiena Munro, a certified daycare instructor, will have a small gym open as a children's room. You are welcome to leave your children in this room while you attend classes. If you wish to take advantage of this service, in return you will be required to assist in the room during one full class period. Teachers at H&S will be exempt from this requirement. Toys and games will be appreciated but ownership must be clearly marked, (on the toy, not the child.)

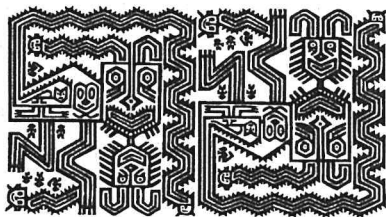
I hope you are looking forward to this event as much as I am. Questions may be directed to the autocrat at:

THL Pendar the Bard (Pendar Munro)

10 Magnifico, Los Lunas, NM, 87031

(505) 866-4369

musimon@zcloud.net



Midwinter Thank You

Greeting onto the populace,

Sabia here, I wanted to quickly thank everyone who attended Midwinter, and I wished to bring everyone's attention to the good gentles whom made it all possible.

First let me thank (repeatedly) Lord Vladimir and Wilhelm the Saucier for again taking the post of Head cook and Saucer. Further, my deepest appreciation to Mistress Monika Von Zell who took charge of dessert and created a lovely banquet table that all were amazed at. Additionally, multiple thanks to the total Arkham Crew which included- Eric, Gauvain, Alia, Gwydion, Ben, Sir Arton, Mistress Elenfia, Robert, Derdriu, Christobal, Chinua, Isabel le Charpentier, Nadirah an-Noor, Peter the Jovial, Stjerne, Gregor, Ahzlinn, Master Adam, Aehdon and also the numerous people who when drafted throughout the day held, stirred or poured as needed, Thank you all very much, it is your hard work that makes a feast possible.

To any gentles whom I failed to name, my sincere apologies and deepest thanks. Also many thanks to the cleanup crew and to Fano Bread for donating all the bread served during the feast.

Saffia al-Sabia al-Qarqua

Camping Tips

Drink plenty of water, we live in a high desert area and often don't realize how dehydrated we are getting, until too late.

If you are the type of person who once they get going at an event does not stop until they fall on their faces, due to forgetting to eat; start carrying granola bars, jerky or trail mix with you so you don't knock your body for a loop.

Take extra socks, warm garb for evenings, and blankets; the weather varies at Estrella and it has gotten as cold as 20 degrees at night at past Estrella Wars, I have been to.

One thing I have always found to help me stay warmer is to place a thick blanket between the ground and the air mattress, and of course using that old stand-by, a cap on my head to keep from losing body heat that way.

Dressing in layers helps with staying warm in the mornings, and of course as you get warm, you can then remove a few layers. And in the evenings you go back through the layers to stay warm.

Don't seal your tent up completely when using a propane heater—better yet use it to warm your tent up and turn it off immediately upon getting in your tent for sleep.

If you have just got that wonderful brand new tent or pavilion and this is to be its first camping event, save yourself some frustration at War and do a dry run setup before War.

Don't forget your sunscreen, nothing makes a wonderful event more miserable than a major case of sunburn, and remember for use this is still winter, so we are going from conditions of being inside a lot to suddenly being outside most of the time, our skins are not going to be used to that much sun that fast. WEAR a hat, and remember the aloe vera gel, in case you get that sunburn—or somebody else does.

Remember to take your prescription medications, OTC allergy medications, and headache reliever of your choice. Who wants to leave the war to go get those things if you don't have to?

Handi wipes are very useful for a quick wash up, until you can get to the real one. Even just to get that layer of dust off.

A list of fruit and vegetables high in potassium; gleaned from the Al-Barran List emails on Heat Exhaustion in April 2001.

The component of Bananas that help with heat exhaustion is the potassium. Potassium is lost through sweat and exertion. Foods high in potassium include dried peach halves, lima beans, winter squash, dried pear halves, potato with skin, pinto beans, spinach, cantaloupe, kidney beans, Bok choy, prunes, split peas, butternut squash, black-eyed peas, watermelon, asparagus, beets, tomatoes, orange juice, apricot halves and dried apricot halves. Several of these foods can obviously be snacks and others can be combined into meals, but it doesn't matter how you get the lost potassium back.

A Generic SCA Camping List

Pavilion/Tent Stuff

Tent, poles, stakes, floor cloth & plastic tarp for under floor cloth
Sledgehammer & extra stakes
Plastic container to transport folded up tent (becomes tub/shower at site)
Portable hole for center pole, finial for top of tent
Dining/sun shade, poles, rope, stakes
Extra rope, duct tape & whisk broom for interior of tent
Rugs, wall hangings & Solar shower bag

Camping Equipment

Camp chair(s), folding table(s) Sleeping bag(s) (or bedding), cot/mattress(s)
Matches, lighter & charcoal starter fluid (for those stubborn fires)
Flashlight(s), & chem lights & candles in protective containers
Lantern(s), torches, oil for torches & funnel for oil for torches
Propane heater, for warming up tent

Clothing

Comfortable shoes, plus a spare & boots for at night
Belt(s), sashes, and money pouch(es)
Tunics, under tunics, pants (in other words your garb)
Robe for after showering
Under things, dry socks in ziplock bags
Jewelry, Awards & Cloak
Head coverings and/or hats
Sunglasses, sunhat

Grooming

Biodegradable soap, shampoo, towels, washcloths & nailbrush
Toothbrush, toothpaste, mouthwash & deodorant
Hairbrush, hair ties, makeup, chapstick, & hand lotion
Mirror & safety pins, earplugs!
Contacts and solution, glasses if needed
Bug spray, good SUNBLOCK & aloe vera gel

Kitchen

Waterbottles/waterjug(s)
Food--precooked rice in plastic bags (this can be frozen), bagels, oranges, almonds, raisins, cheese, apple juice, fresh herbs, etc.
Wooden bowl, goblet, spoon, two-tined fork & dagger
Paper towels, baby wipes or disinfecting wipes
Cutting board & good cutting knives
Dish soap, scrubber sponge/steel wool, washbasin, utility towels--for dishes, wiping up
Dutch oven, pots & pans, griddle
Corkscrew/bottle opener
Tablecloth
Oil, spices, herbs, salt & pepper
Foil & gallon ziplock bags
Tongs for fire, tongs for food
Ladle & serving spoon
Trash bags

Pony World

By Lord Michael McQuillan



Duke Hrothgar finally shoots his period firearm for the first time...

Personal

Toilet paper, tissues

I.D. with photo, money, bank card, phone card

Any prescription medications, ibuprofen, Pepto-Bismol tablets, sleeping pills & HAY FEVER MEDS! That are needed

Site pre-registration, if any, & directions to site

Hotel reservations, plane tickets, if any & directions to hotel

Camera and lots of film!

Favor, banner & pieces of cloth to cover non-period boxes, etc...

Gifts for friends, book, pen, paper, musical instrument & music if needed

Liquor, and non alcoholic drinks

Needlework & emergency sewing kit

Safety

Cell phone

Fire extinguishers (1 for tent & 1 for fire)

First aid kit

Gammer Gurton's Needle

Gammer Gurton's Needle will meet in February at Lady Danitsa's house. Her address is 2507 Carol St. NE and phone is 323-4982. Directions are: Take your best route to Candelaria and Eubank. Take Candelaria 1 block East to Carol (between strip mall and church across the street from the post office). Take Carol south to 2507, the last house on the west side. We will continue practicing netting and work on our own projects for Estrella.

Gammer Gurton's Needle is an interest group exploring many different hand-work techniques including but not limited to embroidery, laces, netting, bobbin or needle lace, beading, needlepoint, inkle loom, card weaving, etc. Please join us. We meet every Monday evening at 7 pm. (we don't meet in garb). You can work on the month's emphasis or bring your own project. If you can't make the meetings, we have copies of all instructions and patterns and can make arrangements for individual meetings with teachers. Contact Rosamond at LadyRosamond@aol.com or 865-9082 for more information.



Court Dancing Article

Court Dance practices will be held on Sundays, February 10 and 24, and March 3 and 17 at fighter practice park (Jeanne Bellamah Park) 12:30-2:30 PM. Everyone, age 7 and up is welcome. Lord Canus Dragonblood and I will be teaching English, French, and Italian court dancing, both beginning and more advanced, from 10 AM to 5 PM at the Arts and Science Collegium at St. Thomas of Canterbury Episcopal Church, on Saturday, March 2nd. There is no class fee and no materials are needed.

Yours in service,

Lady Barbara



Arts and Sciences Knowledge Exchange and Workshops

Topics to include: felting, lampwork beads, stone carving, soap, leather, preserves, cooking and much more. Meetings will take place on the 2nd and 4th Thursdays of each month at 7 pm at 10417 Palo Verde Place NW; call Lady Scia at 344-0094 for directions.

Regular Activities

Fighter Practice

Sundays, 11 am to 4 pm, Jeanne Bellamah Park., on Tomasita between Mountain and Constitution, east of Eubank. *Contact: Lord James David 832-5393*

Rapier Practice

Sundays, Jeanne Bellamah Park, on Tomasita between Mountain and Constitution, east of Eubank. *Contact: Lady Rowena 266-1801*

Archery Practice

1st and 3rd Saturdays of each month. The practice range is at Master Tore's & Lady Sylvia's home. *Contact: Lord Steitan 832-4186*

Citizens Meeting

3rd Tuesday of every month, 6:30 p.m. NO MEETING in February!! *Contact: Lord Stjerne 861-2907*

Heraldic Submission and Commenting Meeting

The 2nd and 4th Thursdays of each month, 6:30 p.m., at Earl Cathyn and Lady Alia's home, 207 Dartmouth SE, Albuquerque. *Contact: THL Pendar 866-4369*



Court Dance Practice

Sundays, 12:30 to 2:30 PM, February 10 & 24 and March 3 & 17 at fighter practice park (Jeanne Bellamah Park). Also, Saturday, March 2, at the A & S Collegium at St. Thomas of Canterbury Episcopal Church, 10 AM to 5 PM. Court dance practice is open to everyone age 7 and up. *Contact: Lady Barbara 293-7453, or by email at: krege@aps.edu*

Bladdwyn Fighter Practice

Wednesdays, 6 p.m., Fighter Practice is now located at the Clockwork Jabberwock on Central just across from Kelly's Brewpub. We have a large open area in the back with hardwood floors and a 12-18 ft ceiling...*Contact: Lord Ryan 265-3142*

Gammer Gurton's Needle

The study and application of embroidery, lace, and other needlework techniques. *Contact: Lady Rosamond 865-9082*

Arts and Sciences Knowledge Exchange and Workshops

Topics to include: felting, lampwork beads, stone carving, soap, leather, preserves, cooking and much more. To meet on the 2nd and 4th Thursdays of each month at 7 pm at 10417 Palo Verde Place NW. The study and application of embroidery, lace, and other needlework techniques. *Contact: Lady Scia 344-0094 for more information and directions.*

Period Acting

Meetings held Mondays from 6:30 p.m. to 8:30 p.m. at Gatewood Apartments Community Room, 6300 Montgomery Blvd. *Contact: Lyonette 881-1758*

The Baronial Shaft
P.O. Box 27676
Albuquerque, NM 87125

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